

What you Won't Find in Here...

North Star martial Arts Ministries does not entertain or tolerate New Age symbolism, philosophies, or any Eastern Mysticism.

Instead you will find Biblical foundations such as prayer, devotions, scripture memory requirements, discipleship, Christian Fellowship, and evangelical outreach programs.

North Star is an independent, interdenominational, non-profit, 501(c)3, evangelical outreach ministry. We are governed by a local Board of Directors, and are accountable to the ICMA for Instructor and Rank certifications.



Participating Member
International
Christian
Martial Arts
Association

Master Joe Shibanez
5th Dan, Master Instructor

Mr. Eric Bergquist
3rd Dan, Sr. Instructor

Mr. Andrew Smedley
2nd Dan, Instructor

Mr. Warren Smedley
2nd Dan, Instructor
& North Star President

Mr. David Randall
1st Dan
Finance Director

Assistant Instructors:
Mr. Jack Saylor, 2nd Dan
Mr. John Long, 2nd Dan
Miss Laura Grace Smedley, 1st Dan
Mr. Evans Head, 1st Dan

Phone: (205) 966-4244

North Star Martial Arts Ministries

www.northstarkarate.com

Traditional Korean style
Tang Soo Do



KARATE

*North Star Martial
Arts Ministries*

Martial Arts with a Christian focus.



North Star Martial Arts Ministries

Telephone: 205-966-4244

North Star Karate builds character by developing:

**Self Confidence,
Self Discipline,
Physical Fitness,
Respect for others,
Athletic Competition,
Spiritual Growth, &
Christian Fellowship**

North Star Martial Arts Ministries is a non-profit (501c(3)), Christ centered, martial arts organization, started in Birmingham in 1998, as a recreational and outreach ministry to our community. We are members of the International Christian Martial Arts Association.

North Star is dedicated to providing a Christ centered opportunity for individuals and families to learn and practice the self-defense principles taught in the Tang Soo Do Korean style of karate.

The Korean style of Tang Soo Do karate is known for its rigorous training, strong discipline and dedication to self-improvement through goal setting and athletic achievement. It is these qualities, along with Christian values and leadership, that make North Star Martial Arts Ministries a unique ministry of God's Word to the Birmingham community.



International Christian Martial Arts Association

The International Christian Martial Arts Association (I.C.M.A.) is a non-profit organization, established to provide a biblically sound environment in which believers in Jesus Christ can pursue athletics and physical fitness through the traditional martial art of Korean Tang Soo Do.

North Star does not entertain or tolerate New Age symbolism, philosophies, or any Eastern Mysticism. Instead you will find Biblical foundations such as prayer, devotions, scripture memory requirements, and evangelical outreach programs. We are committed to developing and fostering an effective and unique avenue for Christian outreach, family ministry, and Youth Evangelism.

**Joeseff Schibanetz,
Master Instructor**

*5th Degree
Master Level Black Belt*

*Call for information
Phone: 966-4244*



Class Schedule

Weekly Schedule **M T W Th F**

	H	C	H	C	
Tiny Tigers	3:30	4:00	3:30	4:00	—
Juniors/Youth	4:15	4:45	4:15	4:45	—
A Family Class	—	6:00	—	6:00	—
M Family Class	6:15	—	—	—	—
HOMWOOD: MONDAYS & WEDNESDAYS					
CHRIST CHURCH: TUES & THURSDAYS					
ALDRERGATE: TUES & THURS (Evenings)					
M MOUNTAIN BROOK YMCA: MONDAYS					

4 LOCATIONS!

Homewood Recreation Ctr
at Homewood Park
Oxmoor Rd & Central Ave
CLASSES MEET MONDAYS & TUESDAYS

**Christ Church
United Methodist**
Caldwell Mill Road (Spain Park)
Just north of Valleydale Road
CLASSES MEET TUESDAYS & THURSDAYS

**Aldersgate
United Methodist**
Near Wildwood on Lakeshore Pkwy
3.6 miles west of I-65
CLASSES MEET TUESDAYS & THURSDAYS

Mountain Brook YMCA
CLASSES MEET MONDAY EVENINGS

www.northstarkarate.com

Confidence

Build Confidence.

Defend yourself.

Avoid Conflict.



Strength

Develop Focus.

Develop Power.

Gain Self-Esteem.

Achievement

Be Challenged.

Compete & Win.

Enjoy Fitness.

Achievement.



Recognition

Set and Achieve Goals.

Earn Respect.

Join an Elite Team of Athletes.

唐手道

Tang Soo Do

Tuition Plans

Individual: \$55 per month*

Whole Family: \$110 per month*

** Fees are based on automatic EFT (debit) billing from your checking account. Higher rates apply if you prefer a monthly statement.*

**NO CONTRACTS
NO MINIMUM COMMITMENTS**

Other Fees & Costs:

Registration: \$60 (one time)
Includes uniform

Testing Fees: \$30 (per test)

Tournaments: \$ varies (optional)
Protective Pads: \$85 (optional)
Karate Shoes: \$45 (optional)
TSD Gear Baa: \$35 (optional)

Come enjoy **Free Lessons.**

Bring family & friends!

**2 weeks of
Free Lessons!**

Give us a try for 2 weeks.
There is no obligation to join.

DISCLAIMER:

**THIS BROCHURE IS FOR
INFORMATIONAL
PURPOSES ONLY.**

**THE TERMS AND
CONDITIONS ARE
SUBJECT TO CHANGE
WITHOUT NOTICE.**

**CLASS TIMES AND
SCHEDULES ARE
SUBJECT TO CHANGE.**

**PLEASE CHECK WITH
NORTH STAR KARATE
FOR CURRENT TERMS
AND CONDITIONS.**

MARCH 2010

**ATTENTION
MOUNTAIN BROOK YMCA
STUDENTS**

**Special tuition rates apply
For MB YMCA Students**